How to use Zoom

Before a videoconference:
- You will need a computer, tablet, or smartphone with speaker or headphones. You will have the opportunity to check your audio immediately upon joining a meeting.
- You will receive notice for a videoconference or conference call from your committee analyst. The notification will include a link to “Join via computer” as well as phone numbers for a conference call option. It will also include the 9-digit (usually) Meeting ID.

To join the videoconference:
- At the start time of your meeting, click on the link in your invitation to join via computer. You may be instructed to download the Zoom application.
- You have an opportunity to test your audio at this point by clicking on “Test Computer Audio.” Once you are satisfied that your audio works, click on “Join audio by computer.”

Can’t find the link:
- You may also join a meeting without clicking on the invitation link by going to join.zoom.us on any browser and entering the Meeting ID provided by your host.

Trouble hearing the meeting, join via telephone while remaining on the video conference:
- On your phone, dial the teleconferencing number provided in your invitation.
- Enter the Meeting ID number (also provided in your invitation) when prompted using your touch-tone (DTMF) keypad.
- If you have already joined the meeting via computer, you will have the option to enter your 2-digit participant ID to be associated with your computer.

Participant controls via the icons in the lower left corner of the Zoom screen, you can:
- Mute/Unmute your microphone (far left)
- Turn on/off camera (“Start/Stop Video”)
- Invite other participants
- View Participant list – opens a pop-out screen that includes a “Raise Hand” icon that you may use to raise a virtual hand
- Change your screen name that is seen in the participant list and video window
- Share your screen
- Somewhere on your Zoom screen you will also see a choice to toggle between “speaker” and “gallery” view. “Speaker view” shows the active speaker. “Gallery view” tiles all of the meeting participants.
ZOOM MEETINGS: PROTECTING ANONYMITY & DEFAULT SETTINGS*

For Zoom users: With the rush to shift to online meetings, many of us did not take time to investigate what this meant to the spiritual foundation of our recovery — namely, anonymity. Now that online meetings are accessible, we want to pass on best practices for protecting anonymity. These have been curated from the membership and online resources.

The default Zoom settings run counter to AA’s spiritual foundation of anonymity. The meetings are publicly accessible and full names and faces are often displayed. Additionally, by default all Zoom meetings are recorded to the cloud. **Turning that feature off is simple, fortunately.**

There are other settings in the Meeting subtab that can also be adjusted, such as disallowing remote control of devices, file transfer, data sharing with Zoom, and screen sharing.

Here are some suggested settings for your meeting to use. Please note that most, if not all, of **the settings below are not the Zoom default:**

**Go to: Settings > Recording and click off the Local and Cloud recording features.**
**In the Zoom Settings section, under the Meeting subtab:**

- **Require Encryption for Third Party Endpoints**
- **Disable Auto saving chats**
- **Disable File transfer**
- **Disable Feedback to Zoom**
- **Disable Screen sharing**
- **Disable desktop/screen share for users**
- **Disable Remote control**
- **Allow Virtual background (this is the Zoom default and allows the user to use a virtual background instead of the inside of their apartment, for example)**

**In the Zoom Settings section, under the Recording subtab:**

- **Disable Local recording**
- **Disable Cloud recording**
- **Disable Automatic recording**
We will update this page with additional information as we learn it and encourage you to share tips and tricks with us that we can include. And stay tuned for information on Seventh Tradition contributions.

*Reprinted with permission from: https://aasfmari.org/zoom-meetings-protecting-anonymity-default-settings?fbclid=IwAR3E5inHEFqa6hrWciXr0md1xm2-an5nFFop2vlkbjigF3t77L6C1NPvmdc
## Landline Meetings:

<table>
<thead>
<tr>
<th>TIME</th>
<th>DAY</th>
<th>GROUP</th>
<th>FORMAT</th>
<th>CONNECTION</th>
</tr>
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<tbody>
<tr>
<td>9:00 AM</td>
<td>7 D</td>
<td>SOBER VOICES</td>
<td>OPEN DISCUSSION</td>
<td>1-712-432-0075 - PASSCODE 654443#</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>SUN</td>
<td>SOBER VOICES</td>
<td>BIG BOOK STUDY</td>
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<tr>
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<td>1-712-432-0075 - PASSCODE 654443#</td>
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<tr>
<td>7:00 PM</td>
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<td>SOBER VOICES</td>
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<td>WED</td>
<td>SOBER VOICES</td>
<td>BIG BOOK STUDY</td>
<td>1-712-432-0075 - PASSCODE 654443#</td>
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<tr>
<td>7:00 PM</td>
<td>THU</td>
<td>SOBER VOICES</td>
<td>STEP STUDY</td>
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<td>1-712-432-0075 - PASSCODE 654443#</td>
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<tr>
<td>7:00 PM</td>
<td>SAT</td>
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<tr>
<td>5:20-6pm</td>
<td>TUE</td>
<td>TUESDAY GRAPEVINE</td>
<td>LITERATURE STUDY</td>
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<tr>
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<td>SAT</td>
<td>SOBER VOICES</td>
<td>LITERATURE STUDY</td>
<td>1-712-432-0075 - PASSCODE 654443#</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>MON</td>
<td>HOW IT WORKS</td>
<td>CLOSED DISCUSSION</td>
<td><a href="https://us04web.zoom.us/j/344190104">https://us04web.zoom.us/j/344190104</a></td>
</tr>
</tbody>
</table>

Meetings-to-Go is also available to do telephone meetings or facilitate access to online meetings. Please call Central Office at 702-598-1888. Ask for someone from Las Vegas AA Meetings-to-Go to contact you.
(Mostly) Local Online Meetings

Thanks to Paolo N., Katie L., Jenn B., Julie G., Natasha P., Brianne M., and Kimberly T. for putting together this list and keeping it updated. The Silver Streak will publish an updated list each week. All times Pacific.

DAILY | 5:30AM WAKE UP | https://zoom.us/j/251719918
DAILY | 7am KCB Fresh Start 2 | https://us04web.zoom.us/j/249983532
DAILY | 7am Summerlin Soft | https://zoom.us/j/754920507
DAILY | 9am Cheers Group | https://us04web.zoom.us/j/204676856
DAILY | 9am AA in the AM (OPEN FORMAT) | https://us04web.zoom.us/j/669365004
DAILY | 12pm Noon in the ZOOM Room | https://us04web.zoom.us/j/922802172
DAILY | 12pm Summerlin Soft Men's Stag | https://zoom.us/j/853251984
DAILY | 2:30pm KCB Third Legacy | https://us04web.zoom.us/j/9321869735 Password: 738342
DAILY | 3:00 pm There is a Solution | https://us04web.zoom.us/j/798916883
DAILY | 5pm Zoom 51ers (Open Discussion) | https://zoom.us/j/4581670709 Password: 602236
DAILY | 6pm Faith Means Courage (from Colorado) | https://us04web.zoom.us/j/757581635 Password: 770497
DAILY | 7pm WOMEN's Zoom | https://us04web.zoom.us/j/410592740
DAILY | 7pm Summerlin Soft | https://zoom.us/j/553733045
DAILY (EXCEPT FRIDAY) | 8:30pm "Quarantined at 8:30pm" Topic Meeting https://us04web.zoom.us/j/699516064
DAILY | 10pm Deliver Us From Ego | https://zoom.us/j/576015340
DAILY | 12am Pandemic At The Disco | https://us04web.zoom.us/j/722570166
SUNDAYS | 8am Taking It To The Streets Sunday | https://zoom.us/j/452468333 Password: 966903
SUNDAYS | 11:00am One Big Tent https://us04web.zoom.us/j/440200241
SUNDAYS | 1:30pm Sassy Sister Online (WOMEN'S) | https://zoom.us/j/988963791
SUNDAYS | 8:15pm Newcomers Rock | https://zoom.us/j/397842374
MONDAY to FRIDAY | 10am Daily Reflection | https://us04web.zoom.us/j/910965736
MONDAY to FRIDAY | 10am Unmanageable Group (from Louisiana) | https://zoom.us/j/521222779
MONDAY to SATURDAY | 12:15pm Quality Air | https://zoom.us/j/612786223
MONDAYS & WEDNESDAYS | 5pm Open Discussion | https://zoom.us/j/663076340
MONDAY to FRIDAY | 5pm In The Big Book (WOMEN'S) | https://us04web.zoom.us/j/469489051
MONDAY - SATURDAY | 530pm We Ceased Fighting | https://us04web.zoom.us/j/6445021212
MONDAYS & WEDNESDAYS | 6:30pm 5th Dimension Online Young People | https://zoom.us/j/687118144
MONDAYS | 7pm Stay In The Solution (WOMEN’S) | https://zoom.us/j/344240981
MONDAYS | 7pm Stray Dogs (MEN’S Stag) | https://us04web.zoom.us/j/6728354763
MONDAYS | 7pm How it Works (Closed Discussion) | https://us04web.zoom.us/j/344190104
MONDAYS & THURSDAYS | 7pm OSC Meeting | Meeting id: 364586084 Password: 808159
MONDAYS & THURSDAYS | 7pm Steps to Freedom | https://zoom.us/j/610255729
TUESDAYS & THURSDAYS | 3:30PM THE STEPS TO FREEDOM MEETING | https://zoom.us/j/332404705
TUESDAYS | 5:20 (40 min. meeting) Tuesday Grapevine | https://us04web.zoom.us/j/819756900
TUESDAYS | 6pm Meeting Place LV Sobriety Sisters | https://zoom.us/j/662925676
TUESDAYS & THURSDAYS | 7pm Mixed Nuts | https://zoom.us/j/820807462
WEDNESDAYS | GVG Promise Seekers (WOMEN’S) | https://zoom.us/j/417370873
WEDNESDAYS | 7pm Night Big Book Study | Meeting ID: 992160907 Password: 872446
WEDNESDAYS & FRIDAYS | 5pm WEcovery | https://us04web.zoom.us/j/396407598
WEDNESDAYS & FRIDAYS | 7pm Life Changes (from Virginia) | https://zoom.us/j/554496632
THURSDAYS 9:00 AM | One Big Tent (Secular) | https://us04web.zoom.us/j/956892388?status=success
THURSDAYS | 1pm 12 Steps Closer | https://us04web.zoom.us/j/422403170
THURSDAYS | Highlighters Big Book Study | https://zoom.us/j/964374679
THURSDAYS | How it Works (Big Book Study) | https://us04web.zoom.us/j/294737856
FRIDAYS | 6pm We Stood At The Turning Point | https://us04web.zoom.us/j/117220269
FRIDAYS | 7pm Square Pegs Newcomers | https://zoom.us/j/309051476
FRIDAYS | 7pm Silt Wild Bunch (from Colorado) | https://us04web.zoom.us/j/406853866
FRIDAYS | 7pm Friday Night Stepping | https://aristocrat.zoom.us/j/922194223
FRIDAYS | 8:30pm Virtual Venice Beach | https://us04web.zoom.us/j/554893205
SATURDAYS | 10:00am Quad A | https://us04web.zoom.us/j/104435882
SATURDAYS | 2PM PERSPECTIVE by Keepin’ It Real Recovery Club | https://zoom.us/j/603653405
SATURDAYS | 7pm BYOB 3rd Step (WOMEN’S) | https://us04web.zoom.us/j/234187763
SATURDAYS | 7pm - 8:30pm Just4Today Speakers | http://ua04web.zoom.us/j/358308405
SATURDAYS | 7:15pm Soberlicious | Meeting ID: 6308194608 Password: 785952
SATURDAYS | 8:00pm How It Works (Open Discussion) | https://us04web.zoom.us/j/294737856
SATURDAYS, SUNDAYS, MONDAYS | 7pm Attitude of Gratitude (WOMEN’S) | https://zoom.us/j/589102397